



## When A Smooth Sail Turns Into A Stormy Gale

**The Text:** 1 Kings 19:1-21

**The Context:** 1 Kings 17-18 records the dramatic biography of Elijah. This Old Testament prophet (9<sup>th</sup> century B.C.) showed courageous faith in some risky leadings from God. But Elijah was also a noticeably flawed man as well, as confirmed in the events of 1 Kings 19:1-14.

See also James 5:17 "Elijah was a human being, even as we are."

- **19:1** Now Ahab told Jezebel everything Elijah had done and how he had killed all the prophets with the sword. <sup>2</sup>So Jezebel sent a messenger to Elijah to say, "May the gods deal with me, be it ever so severely, if by this time tomorrow I do not make your life like that of one of them."

### How did Elijah get so misdirected?

1.

● **19:3** Elijah was afraid and ran for his life. When he came to Beersheba in Judah, he left his servant there. <sup>4</sup>while he himself went a day's journey into the desert. He came to a broom tree, sat down under it and prayed that he might die. ● **19:3b** "I have had enough, Lord," he said. "Take my life; I am no better than my ancestors."

2.

● **19:10** "I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too."

3.

● **18:29-40** *(It had been a long, demanding day.)*

● **18:46** ....Tucking his cloak into his belt, he ran ahead of Ahab all the way to Jezreel.

4.

● **18:3** Ahab had summoned Obadiah, his palace administrator. (Obadiah was a devout believer in the Lord.)

● **18:13** ...A hundred of the LORD's prophets in two caves, fifty in each...

● **19:18** ...Seven thousand in Israel, all whose knees have not bowed down to Baal...

### A FIVE POINT PLAN TO CULTIVATE PARANOIA:

## Elijah's Therapy (& Ours):

1

- 19:5 Then he lay down under the tree and fell asleep. All at once an angel touched him and said, "Get up and eat."

### →Practical Application

**Psalm 86:15**

But you, O Lord, are a compassionate and gracious God, slow to anger, abounding in love and faithfulness.

2

- 19:11 The LORD said, "Go out and stand on the mountain in the presence of the LORD, for the LORD is about to pass by." Then a great and powerful wind tore the mountains apart and shattered the rocks before the LORD, ...an earthquake ...a fire ...And after the fire came a gentle whisper and said, "Get up and eat."

### →Practical Application

3

- 19:13b "What are you doing here, Elijah?" <sup>14</sup>He replied, "I have been very zealous for the LORD God Almighty. The Israelites have rejected your covenant, broken down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too."

### →Practical Application

\_\_\_\_\_ to everything you tell \_\_\_\_\_.  
Believe all that \_\_\_\_\_ tells you about \_\_\_\_\_ and about \_\_\_\_\_.

4

- 19:15a The LORD said to him, "Go back the way you came, and go to the Desert of Damascus... <sup>16</sup>Anoint Jehu son of Nimshi king over Israel, and anoint Elisha son of Shaphat from Abel Meholah to succeed you as prophet."

### →Practical Application

**A Sinner's Prayer:**

Lord, I am a sinner who has offended you. Please forgive me. I believe that Jesus Christ died on the cross for my sins and place my trust in Christ's sacrifice as the only way to be right with you. Thank you for loving me and coming into my heart. I want to follow You and do Your will in my life. In Jesus' name, amen.